TEAM RITALIN



Research in Testing ADHD's Link to Impulsivity in Neuroscience Mentor: Matthew Roesch

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Introduction

Attention Deficit Hyperactivity Disorder (ADHD)

Affects 5-10% of all school age children

Twentyfold increase in prescription of ADHD drugs in past 30 years

- Limited research on the neurobiology of the disorder
- Diagnoses based on qualitative observations
- Frequent misdiagnoses and rising medical costs

Prenatal Nicotine Exposure (PNE)

PNE is linked to many psychiatric disorders

- Women who smoke during pregnancy are three times as likely to have children diagnosed with ADHD
- 1 in 5 women still smoke during pregnancy
- Several studies show behavioral, neuroanatomical, & neurochemical disturbances after PNE that are similar to ADHD
 - Benefits of methylphenidate point to PNE as a valuable animal model of impulsivity
 - PNE rats and humans with ADHD had similar deficits on behavioral tasks that measure impulsivity

Attention Deficit Hyperactivity Disorder (ADHD) & PNE

- PNE rats and humans with ADHD exhibit similar behavioral symptoms: inattention, hyperactivity, and impulsivity
 - Inattention: difficulty concentrating, distractibility, and problems completing tasks
 - Hyperactivity: high or excessive levels of motion
 - Impulsivity: tendency toward rapid, unplanned actions without considering the negative consequences of these actions

Human Stop-signal tasks measure impulsivity



Mirabella G, Iaconelli S, Modugno N, Giannini G, Lena F, et al. (2013) Stimulation of subthalamic nuclei restores a near normal planning strategy in parkinson's patients. PLoS ONE 8(5): e62793. doi:10.1371/journal.pone.0062793

Medial Prefrontal Cortex (mPFC)



Gass, J.T., & Chandler, L.J. (2013). The plasticity of extinction: contribution of the prefrontal cortex in treating addiction through inhibitory learning. *Frontiers in psychiatry*, 4(46): 1-13.

Our Approach

- Understanding of mPFC neural signaling is essential to treatment
- Experimental system will elucidate foundation of behavior
- Correlation between behavior and neural firing will allow us to pinpoint the signals involved in impulsive behavior



Hypothesis: PNE rat model is a valid model for the study of ADHD-like symptoms

- Show that PNE rats are more impulsive during performance on a stop-signal task that measures the ability you inhibit unwanted responses
- 2. Demonstrate that activity in mPFC is correlated with performance on the stop-signal task
- Evaluate neural signals in mPFC in PNE rats during performance of the stop-signal task

Rat Breeding & Selection



10 mothers total

- Acclimation to nicotine
 0.2 → 0.4 → 0.6 mg/mL
- 17 PNE and 23 control male pups
 Cross-fostered to control mother

Rat Breeding & Selection



- No significant differences in pregnancy duration, pups per litter, pup birth weight, or hyperactivity (t-test; p > 0.05)
- Randomly selected 8 males each from 17 PNE pups (from 3 dams) and 23 control pups (from 3 dams)

Stop-signal Task Training & Surgery



Rat Stop-signal task measures impulsivity



Bryden, D. W., Burton, A. C., Kashtelyan, V., Barnett, B. R., & Roesch, M. R. (2012). Response inhibition signals and miscoding of direction in dorsomedial striatum. *Front Integr Neurosci, 6*, 69. doi: 10.3389/fnint.2012.00069

Trial types



Rats performed significantly worse on **STOP** trials compared to **GO** trials



*(t-test; p < 0.05)

PNE Rats performed significantly worse on STOP trials compared to controls



* (t-test; p < 0.05)

Rats were slower on correct STOP trials



PNE rats were significantly faster on all trial-types



* (t-test; p < 0.05)

Speed-Accuracy Tradeoff: When rats were slower, they performed better



p < 0.0001



Behavior

PNE rats were more impulsive (reduced stop accuracy)

PNE rats were faster on STOP and GO trials

 When rats were slower they were better at inhibiting behavior (speed-accuracy tradeoff)

Neural Recording & Analysis



 16 rats in total from the control and PNE groups performed 349 sessions, over which we collected neural firing data from 631 and 552 cells, respectively



Single cell example of a neuron that increased firing during the task

Left



Time from port exit (s)

Activity was stronger on STOP trials when behavior had to be inhibited

Left

Right



Time from port exit (s)

Time from port exit (s)

Average neural firing over all 'increasing-type' neurons (Control: n = 121; PNE: n = 131)



Average neural firing was modulated by response (solid versus dashed) on GO trials



Average neural firing was stronger on **STOP** trials in both control and PNE rats



However, overall firing was significantly <u>reduced</u> in PNE rats relative to controls



mPFC firing was positively correlated with percent correct (higher firing = better behavior)





Increasing-type cells

Neural activity was modulated by response direction

Neural activity was stronger during STOP trials

 Neural activity was correlated with behavioral performance

 Neural activity was significantly reduced in PNE rats compared to controls

Other neurons decreased firing during performance of the task

Left

Right





'Decreasing-type' neurons also fired more strongly on STOP versus **GO** trials

stop non-pref, go pref -- stop pref, go non-pref go pref = go non-pref Control PNE 8 8 firing rate (spike/sec) (spike/sec) firing rate 3 3 2 -3 -2 2 3 -3 -2 3 time from port exit (sec) time from port exit (sec) (Wilcoxon; p < 0.05)

However, the activity of 'decreasing-type' was not correlated with percent correct



Instead, neural activity was positively correlated with movement time (high firing = slower)



Summary

Decreasing-type cells

- Neural activity was modulated by response direction
- Neural activity was stronger during STOP trials
- Neural activity was correlated with motor output in controls only
- Neural activity was significantly reduced in PNE rats as compared to controls

Conclusions

- Behavior
 - PNE rats were more impulsive (reduced stop accuracy)
 - PNE rats were faster than controls on both STOP and GO trials

Neural recordings

- Neural activity in mPFC was stronger during STOP trials during which rats had to inhibit behavior
- Neural activity in mPFC was correlated with performance and speed
- Neural activity of mPFC neurons was significantly attenuated in PNE rats as compared to controls
- PNE rat model is a useful model to study the neural underpinnings of impulsive-like behavior observed in ADHD

Future Directions

Studies should target mPFC. Specifically, artificially increasing neural activity in mPFC should alleviate impulsivity in PNE rats.



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Questions?



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